



NACK - North Atlantic Canoe & Kayak, Inc.

An ACA Paddle America Club & NYS Non-Profit Corporation

www.GetTheNACK.org

P.O. Box 124

Wantagh, NY 11793

NACKinfo@optonline.net



Spring 2010 - 2nd Quarter

Highlighted items are updated as of May 6, 2010

- ☛ **April 12**
 - Board Meeting (S) 6:30 PM
 - Panera Bread in 1025 Montauk Highway West Babylon, NY Babylon
 - Contact John W. - Bluek@weickert.com

- ☛ **April 20th**
 - Club Meeting (S), Captain Kayak
 - 23 River Road Sayville, NY 11782
 - 6PM Paddlers Forum - TBA
 - 7PM Business Meeting
 - 8PM Yoga for Paddlers by Renee L.
 - Refreshments Afterwards

- ☛ **April 23 & 24**
 - Outreach (S) Carle Place, NY
 - EMS Club Days Have Table promoting our Club, ACA, & Safe Paddling
 - Contact John W. - Bluek@weickert.com

- ☛ **April 24th Saturday**
 - Outreach (S) Christopher Morley Park
 - Nassau County Boy Scout Scoutwalk
 - Presentation on Paddlesports Safety
 - Contact John W. - Bluek@weickert.com

- ☛ **April 24th-25th Saturday & Sunday**
 - Outreach (S)
 - Heckscher Park
 - Contact Tom S. - tstraub@optonline.net

- ☛ **May 1st Saturday**
 - Mayday on the Bay Race (S) (NR)
 - Empire Kayaks
 - Contact Elizabeth O' - sksa@optonline.net

(S) ACA Sanctioned Activity

(NS) NACK Non-Sanctioned Activity

(FW) Flat-water (ACA L1)

(AFW) Adv. Flat-water (ACA L2)

(IC) Inner Coastal (ACA L3)

(OW) Open Water (ACA L4)

(AOW) Advanced Open Water (ACA L5)

(NR) Non-Rated Skill Level

Highlighted are new events added



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- ☞ **May 3rd Monday**
- Peer Practice Level 1, 2 & 3 (S) on water- Wet suit or Dry Suite Required
 - Contact Steve M. - mcdonald@optonline.net
 - Timber Point

- ☞ **May 10th Monday**
- Peer Practice Level 1, 2 & 3 (S) on water- Wet suit or Dry Suite Required
 - Contact Steve M. - mcdonald@optonline.net
 - Timber Point
 -

- ☞ **May 16th Sunday**
- Paddle Level 2 (S)-Wet suit or Dry Suite Required
 - Orient Beach Hallock Bay
 - Dry/wet suite required
 - Contact Collin M.- colin82abn@optonline.net

- ☞ **May 17th Monday**
- Peer Practice Level 1, 2 & 3 (S) on water- Wet suit or Dry Suite Required
 - Timber Point

- ☞ **May 18th Tuesday**
- Club Meeting (S), Captain Kayak
 - 23 River Road Sayville, NY 11782
 - 6PM Paddlers Forum - Can you get lost on the water
 - 7PM Business Meeting
 - 8PM Nautical Chart reading.
 - Refreshments afterwards

- ☞ **May 24th Monday**
- Peer Practice Level 1, 2 & 3 (S) on water- Wet suit or Dry Suite Required
 - Training (NR)- Fundamentals of Kayak Safety- Contact Steve M. - mcdonald@optonline.net
 - Timber Point

(S) ACA Sanctioned Activity

(NS) NACK Non-Sanctioned Activity

(FW) Flat-water (ACA L1)

(AFW) Adv. Flat-water (ACA L2)

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☞ May 31st Monday

- Peer Practice Level 1, 2 & 3 (S) on water- Wet suit or Dry Suite Required
- Contact Steve M. - mcdonald@optonline.net
- Jones Beach

☞ June 6th Sunday

- Outreach Oyster Bay Waterfront Festival (S)
- Contact Greg/Pat W. greg.weber@gpakk.com
- Speak with public attendees about paddle safety and our club.
- Possible on water Demo.

☞ June 6th Sunday

- Greenland Paddle making by Chris Raab of Tuktu paddles (S)
- Contact Ann K. akaiser@optonline.net

☞ June 7th Monday

- Peer Practice Level 1, 2, & 3 (S) (NR)
- Training (NR)- Fundamentals of Kayak Safety- Contact Steve M. - mcdonald@optonline.net
- Timber Point

☞ June 8th Tuesday June 13th Sunday

- ACA Week at Lake Sebago
- Contact Elizabeth O' - sksa@optonline.net

☞ June 14th Monday

- Peer Practice Level 1, 2, & 3 (S) (NR)
- Tune-up for Assessments-Contact Steve M. - mcdonald@optonline.net
- Timber Point

☞ June 15th Tuesday

- Club Meeting (S)(NR) On Water, Captain Kayak
- 23 River Road Sayville, NY 11782
- 6PM Paddlers Forum -TBA

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- 7PM Paddle in Browns River
- Refreshments afterwards

June 19th Saturday

- Outreach Belmont Lake State Park (S) (NR)
- On Water Paddle Sport Safety Program
- Program is in the development stage
- Contact John W.- Bluck@weickert.com

June 21st Monday

- Peer Practice Level 1, 2, & 3 (S) (NR)
- Level 1&2 Assessments-Contact Steve M. - mcdonald@optonline.net
- Timber Point

June 27th Sunday

- Level 2 Paddle (S)
- Little Sebonac Creek
- Contact Dara F.-dara4dogs@optonline.net
-

June 28th Monday

- Peer Practice Level 1, 2, & 3 (S) (NR)
- Contact Steve M. - mcdonald@optonline.net
- Jones Beach

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