



NACK - North Atlantic Canoe & Kayak, Inc.

An ACA Paddle America Club & NYS Non-Profit Corporation

www.GetTheNACK.org

P.O. Box 124

Wantagh, NY 11793

NACKinfo@optonline.net



Summer 2010 - 3rd Quarter

☞ July 5th

- No Peer Practice

☞ July 7th

- Board Meeting (S) 6:00 PM
- Panera Bread in 1025 Montauk Highway West Babylon, NY Babylon
- Contact John W. - Bluek@weickert.com

☞ July 10th

- Founder Day
- Outreach, (S)(NR) Paddle
- Socializing
- Contact John W. - Bluek@weickert.com

☞ July 11th Sunday

- Outreach (S) (AFW) Huntington Swim, NY
- Assist with swimmer
- Contact Dara F. - dara4dogs@optonline.net

☞ July 12th, 19th Monday

- Peer Practice (NR) (S)
- Timber Point

☞ July 14th- Wednesday 11:00 AM

- Paddle NW Harbor (S) (AFW)
- Contact Debbie H. - Hikerdebb@aol.com

(S) ACA Sanctioned Activity
(NS) NACK Non-Sanctioned Activity
(FW) Flat-water (ACA L1)
(AFW) Adv. Flat-water (ACA L2)

(IC) Inner Coastal (ACA L3)
(OW) Open Water (ACA L4)
(AOW) Advanced Open Water (ACA L5)
(NR) Non-Rated Skill Level
Highlighted are new events added



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- ☞ **July 16th Friday**
- Peer Practice Sunken Meadow 6 PM (S)(NR)
 - Please contact John W. If you are coming we have to make sure there is adequate coverage.
- ☞ **July 17th Saturday**
- Sebago Canoe and Kayak invitational (S) (FW)
 - Jamaica Bay
 - Contact John W.- bluek@weickert.com
- ☞ **July 24th Saturday**
- New/Non-member Paddle (S)(NR) This will also be our July meeting.
 - Captain Kayak
 - Contact John W.- bluek@weickert.com
- ☞ **July 25th Sunday**
- Assessment Level 3 (S) (NR)
 - Contact Elizabeth O' - sksa@optonline.net
- ☞ **July 26th Monday**
- Peer Practice (S)(NR)
 - **JONES BEACH**
- ☞ **August 2nd, 9th, 16th, 23rd, Monday**
- Peer Practice Level (S)(NR)
 - Timber Point
- ☞ **August 8th, Sunday**
- Alison Sigethy Greenland Paddling Instruction (S)(NR)
 - Contact Ann K. akaiser@optonline.net
- ☞ **August 22nd Sunday**
- Assessments Level 4 (S)(NR)
 - Contact Elizabeth O' - sksa@optonline.net

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Summer 2010 - 3rd Quarter

- ☞ **August 27th, Friday late afternoon**
- Paddle Jones Beach to Seafood Shack (S)(AFW)
 - Contact Ann K. akaiser@optonline.net

- ☞ **August 30th, Monday**
- Peer Practice Level (S) (NR)
 - **JONES BEACH**

- ☞ **September 10th Friday 10:30 AM**
- Centerport Harbor Paddle (S)(AFW)
 - Contact Pat W. webrmom@aol.com

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(IC) Inner Coastal (ACA L3)
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