



ACA/NACK Safety Procedures - 2005

1. All participants, volunteers, safety personnel, event organizers, VIPs, etc. must read, and sign the **ACA Waiver and Release of Liability** before the event begins.
2. All participants must wear a properly fitting US Coast Guard approved PFD during on-water activities.
3. All participants in Class II or higher whitewater or coastal surf zones must wear a properly fitting paddling helmet.
4. Any participant who encounters another participant or event personnel whose personal safety is at risk must stop to render assistance.
5. All participants are prohibited from consuming alcohol or illegal drugs immediately before or during any on-water event. Any participant under the influence of alcohol or drugs shall be immediately disqualified and asked to leave the waterfront area.
6. All participants shall disclose use of any prescribed medication that may potentially impact an on-water event to the event leaders or organizers.
7. All participants shall disclose any physical condition or other impairment that may affect their safe participation in the event or activity.
8. All participants are required to wear wetsuits, dry-suits or other appropriate clothing to protect against hypothermia if the water temperature is less than 50 °F, and/or the combined air and water temperature is less than 120 °F.
9. All participants and event organizers shall comply with all local, state and federal regulations – especially USCG rules for safe boating.
10. Event/Activity Staff is required to be appropriately dressed and ready to launch immediately in advance of the start of the event or activity.
11. Event/Activity leaders must hold a pre-event meeting for all participants and organizers to review the course, potential hazards, medical emergencies, communications and safety procedures.
12. Organizers of activities on Class III or higher whitewater must submit safety & emergency plans and receive approval from the ACA National Office before start of the activity.
13. Event organizers must prepare a roster of on-site first aid and rescue personnel, including qualifications and available emergency supplies, and must also prepare a list of emergency contacts and methods of communication.
14. Event organizers must report all serious injuries or property damage to the ACA National Office using the **ACA Accident/Incident Report Form** within 7 days of the incident.
15. In the event of a serious injury immediately notify American Specialty by calling 1-800-566-7941. Follow recorded instructions for **emergency claims reporting** after-hours.